


**JOIN US FOR A
FAT TUESDAY FEAST!**

it's

*Shrove
Tuesday* 

TUESDAY, MARCH 04, 2025

5:00 p.m. - 7:00 p.m.

Assorted Pancakes

"Steely's" Sausage

Fresh Fruit

House-made Apple Crisp with
"Hershey's" Vanilla Ice Cream

Assorted Beverages

**Presbyterian Church of
Falling Spring Family
Life Center**

**Cost: \$7.00 per person
Children under the age
of 5, complimentary**

Views From a Hill



What is Lent?

Lent is a season in the church year, beginning on Ash Wednesday and culminating on Easter Sunday. The first question is, how many days is Lent - 40, 46, or 3? Lent began in the second century, as a three-day period of intense training for new Christians, in preparation for baptism and Easter. By the time of the Council of Nicaea in 325, Lent was determined to be a forty-day fast in honor of Jesus' forty days of fasting in the wilderness. Sundays are not counted in the forty days, for the reason that it is considered inappropriate to fast on the day of the resurrection.

The English word "Lent" stems from the Anglo-Saxon word for "spring" and is related to the English word "lengthen." This is right on point as both of these words refer to growth, which stems from the traditional practices of Lent - repentance, confession of sins, and turning wholeheartedly to the Lord. During Lent, many people abstain from something they enjoy, to remember the fasting of Jesus in the wilderness and the suffering of Jesus on the cross.

During this season of Lent, I encourage you to consider trying a new spiritual discipline, like fasting, meditating on Scripture, memorizing Scripture, silent listening prayer, etc. Richard Foster's book, "Celebration of Discipline," is a great resource. Many people give something up during Lent, but you may also want to add something new to help you focus more fully on the Lord. I also encourage you to gather for worship on Sundays and other special occasions. Here is a schedule of services:

Worship Gatherings During Lent

Preaching series: Discovering God's Will

- March 5: Ash Wednesday service, 7 PM in the Chapel.
- March 9: Lenten Communion, all services.
- March 16: We will have our regular three-service schedule, with the Tweens leading the contemporary service in the Family Life Center.
- March 23 & 30: Regular worship schedule.
- April 6: We will have our regular three-service schedule, with the Youth leading the contemporary service in the Family Life Center.
- April 13: Palm Sunday communion, all services.
- April 17: Maundy Thursday service, 7 PM in the Chapel.
- April 18: Good Friday service, 7 PM in the Family Life Center.
- April 20: Easter Sunday at Falling Spring!

TWEENS SUNDAY
March 16, 10am
contemporary service

Spaghetti lunch fundraiser
after the service to benefit
the Tween's Sight and Sound
Theaters trip.

Tickets available Wednesday
evenings, Sunday mornings,
or see Jenn Smith.

EASTER CELEBRATION
April 9, 6-7:30

Egg hunt, games, and
activities! Invite your friends
to join us for a fun evening.

DONATIONS NEEDED!
Candy and other small
prizes are needed to put
inside the eggs. Please drop
off your donations at the
office or the box in the FLC.
Thanks!

VBS - TRUE NORTH
"Trusting Jesus in a Wild
World"
June 16-20
9am-noon

Registration opens April 1
for kids age 3 (potty trained)
- grade 5!

Helpers are needed for the
week! Please see Jenn Smith
if you are interested.

He has made
everything beautiful
in its time.
-Ecclesiastes 3:11



A Note from Miss Jenn:

Spring is in the air! While walking
into the church office the other
day, I saw little green shoots
starting to make their way out of
the ground. What a promising
sight! Soon the flowers will be in
full bloom and warm weather will
be upon us.

While spring can be a busy time
with sports and other activities, I
hope you're able to participate in
some of the great events we have
coming up here at PCFS. Busy
Wednesday evenings?? Come
worship with us Sunday morning
and celebrate all the new life that
He is creating. See you soon!

Kids' Sunday school and midweek classes are
for age 4-grade 5. Additional opportunities
are available for those older and younger.

Upcoming Events:

Sunday Mornings: 9-9:50, Sunday School in room 101

**3/12, 3/19, 3/26: 6:30-7:30, Regular mid-week
activities Rm 101 J-Walkers (age 4-grade 2) Rm 103
Twins (grade 3-grade 5)**

**3/12, 3/19, 3/26: 7:30-8 Joyful Voices Kids' Choir
Rm 101**

**3/16: Tween Sunday! Worship service and spaghetti
lunch fundraiser**

4/9: Easter Celebration - egg hunt, games, activities

News from Presbyterian Women

Regional Gathering of PW of the Synod of the Trinity to be held June 6 and 7, 2025, at the Penn Stater Hotel in State College.

The theme is "Treasured". Registration forms are available at the Welcome Desk and at the second floor kitchenette, as well as in the church office. Partial scholarships are available; contact Sue Mummert for more information. **Deadline to register is May 1.** (details below)



Prayer Shawl Ministry Update. We have been blessed by the women who knit or crochet for our ministry. We are looking for helpers to continue this ministry. Please remember that you can donate to this ministry to help cover the cost of yarn. If you have questions, please contact any member of the Coordinating Team.

Coming soon! Spring Fundraiser for Camp Krislund Scholarship at Hoss's. Watch for the date!

Obtain a "Cash Cow Card" at church (or use the one printed in a future bulletin) to take to Hoss's at any time on the designated date, and present it when you pay. PW will receive a percentage of the day's income. The income earned from this spring's event will be forwarded to Camp Krislund's scholarship fund. This camp, situated near State College, is supported by the three central Pennsylvania Presbyteries (Carlisle, Northumberland and Huntingdon).



PW in Mission and Service

We are always looking for women to join us in our missions. Speak with any of the Coordinating Team members to let us know of your interest in joining us.

Linda Fisher, Sue Mummert, Marilyn Griffin, Karen Stover, Pat Phenicie-Grandel, Becky Fritz, Vicki Kaye, Wanda Hutchings, Judy George, Lorraine Schwartz, and Joy Zimmerman. The Coordinating Team meets on the second Friday each month. If you have questions or suggestions, please contact any of the CT members.



2025 Central Region PW Gathering — Synod of the Trinity "Treasured"

What could be more precious than diamonds? **YOU!**

"The Lord has chosen you to be his people, his treasured possession." (Deuteronomy 14:2)

We are the precious, treasured possession of our heavenly Father, who sought us and claimed us as his own in Christ! From coal to diamonds, we are continuously being transformed in Christ, reflecting God's glory and light in the world. Join us for a bedazzling **Women's Retreat**. We will walk in the light of God's Word together, enjoy fabulous food and lift our voices in praise, all as we share encouragement, fellowship, and fun in Christ, the light of the world!

When: June 6-7, 2025 (Friday evening until Saturday afternoon)

Time: 4 PM Hotel Check-in available

Event registration begins @ 6:15 PM. Evening - Session 1 from 7 PM – 8:30 PM

Saturday Session begins at 8:30 AM until 4:00 PM

Place: The Penn Stater in State College, PA

Cost: The costs will vary based on hotel stay or commuter rate and will be on the registration form. There is some limited scholarship money available.

Mission: PW Synod of the Trinity 2025 Mission Project is "The Well" in Philadelphia. Learn more about it. A hands-on local project will be available for participants during the retreat as well.

Registration: Registration deadline will be May 1st. Registration forms will be available in early March.

TAKING BACK LENT

Each year, Christians are invited to take a spiritual journey. You also are invited to join our congregation as we go through Lent. The word "Lent" is derived from an old English form of the word "lengthen". Have you noticed, ever so slowly, the days are getting longer---even if they remain cold! So Lent was named after the phenomenon of longer days as our Earth tilts on its axis toward the South. You will not see it mentioned in the Bible.

Lent is a time also corresponding to the journey of Jesus as he went to a wilderness area of Canaan. There he prayed, fasted, and prepared for the earthly ministry and trials he had been sent to complete. We too are called to pray and reflect on His relationship with us. The Men's Inter-Church Bible Study will continue to meet on Thursday nights in the Falling Spring Christian Education Building, Room 203, from 7-8:30 pm to share our reading of scripture from the journey of Christ coming to Jerusalem, His triumphant entry into the Holy City, the Last Supper, His time in the Garden of Gethsemane, His Trial, The Denial of the disciple Peter, His death, and glorious Resurrection. Participants are asked to acquire either a hard or digital copy of Taking Back Lent, by Nancy Golden. This daily devotional for Lenten reflection will encourage time to be with God on your own. In class time we will share how God has moved in our reading and prayer. We will view videos aimed at better understanding of the big question: Why would God choose to die as a human being on a Roman cross for us? What does that mean for our lives now and as we face inevitable death?

Sounds depressing, huh? Believe me, the opposite is true. As you men, young or older, are moved to inquire with questions or for information, please call Doug Martzluf. I know you will enjoy our time together to hear Good News. Text or call: 717-816-1881 or email: dmartzluf@comcast.net soon as we will begin March 6.



Treasurer's Report



Although the 2024 full financial report was delivered at the congregational Meeting on February 23, I thought a few highlights might be appropriate in case you were unable to attend. Copies of the reports delivered at the meeting are available at the church office in the event you would like to see more detail.

The 2025 budget is also available for your review.

2024 Highlights:

As previously reported, we had budgeted for a deficit in 2024. The year did result in a deficit, but we were blessed that it was essentially half of what we had budgeted.

Giving was on target with budget and we were pleased to have received more investment income than expected. As a result, income exceeded budget.

Our expenses were reasonably on track with budget for the year - actually slightly less than budget.

Year's results:

Actual

Budget

Total tithes and other income

\$ 658,000

\$ 645,500

Expenses

\$ 675,000

\$ 679,500

2024 (Deficit)

\$ (17,000)

\$ (34,000)



Thank you all again for your incredible support of our church and its Mission!

Paul Luka

CAMP FALLING SPRING JULY 13-18TH

CAMP NURSE NEEDED!

We are in need of a camp nurse this summer. This needs to be someone who is licensed and legally allowed to give medications to students. We are looking for someone who is able to stay overnight at the camp for the week.

If you have questions or are interested in serving in this vital role contact Sam Ray, sam@pcfalloingspring.org or 717-830-0806

All expenses paid, one week vacation to the beautiful mountains of Pennsylvania. Stay in a quaint cabin and dine lakeside on delicious meals prepared by a legendary culinary chef and experienced associates. You will have **front row** seats to all sporting events, evening performances and glorious morning prayers by the water's edge.

This trip can be yours if you are a licensed nurse and legally permitted to give medications to students. (possibly probably some adults too!) It's a vital & rewarding role to provide for the folks at CFS.

Please contact Sam Ray - sam@pcfalloingspring.org or 717-830-0806 if interested or with any questions.

FOOD PANTRY UPDATE

The PCFS Food Pantry has received a donation of a new, but dented refrigerator with a top freezer. This will enable us to receive donations of fresh produce in the summer that we have previously had to decline due to insufficient refrigerated storage space.

Currently we are serving 50-60 households every Tuesday morning and 25-40 on Thursdays.

Due to the cost and availability of eggs we have eliminated them from our Pantry. Only butter, milk and cheese comprise our dairy choices.

As always, your donations of the "**Food of the Week**" helps with our budget. We especially appreciate designated gifts in the green envelopes that help defray our costs of purchasing food from the South Central Pa Food Bank. Given the increased cost of all food products we are shopping judiciously so that our shelves provide essential food items and not extras, nor unhealthy choices.

We appreciate all your time, gifts and resources. Please continue to help us as you can with canned goods and your dollars!

Thanks, Marty Walker, Coordinator



You've got mail...

Information on Receiving Church Emails

Falling Spring has two email lists: Prayer Chain and Weekly Updates. Prayer Chain emails are sent as more emergent requests are received, inviting those on the Prayer Chain to pray. Weekly Updates emails contain weekly announcements, the prayer list, information about upcoming Sunday worship services, and anything else we feel would be helpful for you to know. Anyone can sign up to receive these emails. If you would like to sign up, you can...

- Go to pcfallingspring.org, scroll down the homepage and click "Join the Prayer Chain," "Sign up for weekly updates," or both if you want to be on both lists.
- Go to Church Center (app or web). On the Home tab, click "Join our prayer chain," "Join our email list," or both if you want to be on both lists.

We've received requests from a number of people who signed up, but aren't receiving emails from us. Below are the most likely reasons and their solutions.

PROBLEM: Someone isn't on the email lists because they didn't sign up.

SOLUTION: See the two bullet points above for instructions on how to sign up.

(Please note: Signing up for one does not automatically sign you up for the other. If you want to receive both Prayer Chain and Weekly Updates, you will need to sign up for each one.)

PROBLEM: Someone is on the list, but our emails are going to their junk folder.

SOLUTION: Check your junk/spam/promotions folders. Add brad@pcfallingspring.org to your address book. There are also ways to whitelist @pcfallingspring.org with your email provider (e.g. Gmail).

PROBLEM: Someone used to receive emails, but accidentally clicked the unsubscribe link.

SOLUTION: Go to the [Resources page](#) of our website. Under "Stay Connected," click either/both of the following: "Re-subscribe to Prayer Chain" and/or "Re-subscribe to Weekly Updates."

(Note: We cannot re-subscribe people on our end due to spamming regulations.)

PROBLEM: Someone isn't receiving emails because of an incorrect or old email address.

SOLUTION: Update your email address on Church Center by following the Church Center guide on the [resources page](#) of our website, or by contacting the church office to ensure your email address is correct.